

# S P A

At **P E R R Y**

# C A B I N



## NAIL SERVICES

### Classic Manicure & Pedicure

This classic beauty treatment includes removal of nail polish, pushing back cuticles, cleaning, trimming, filing, polishing and buffing nails. Pamper your skin and end with a moisturizing massage.

*Manicure \$60 Pedicure \$90*

## NAIL ENHANCEMENTS

*Enhance your Manicure & Pedicure with these luxurious options*

### Gel

Our high shine gel polish extends the quality of your manicure lasting typically two to four weeks. \$25

### Dazzle Dry

Vegan based and environmentally safe way to promote nail health. This amazing product dries in 7 minutes and lasts seven to ten days. \$25

### Nail Design

Add a design to make your look unique. \$2

### Earth, Sun & Tranquil Waters

Relax and unwind with a dip into a mineral sea salt blend infused with lavender, hibiscus, organic lemon myrtle and rose petals. Next a citrusy lemongrass salt scrub exfoliates thoroughly, a calming green matcha tea and peat mud mask to purify, ending with a vitamin E enriched sunflower honey butter serum massage with a smooth hot stone. \$25

### Rosemary Mint

Dip into a nourishing rosemary mint CBD fizzer soak. Light scrub blend of sea salt, organic herbs, and rice bran oil which will refine skin and hydrate. Ending with a massage of hemp base with retinol and lemon crème scent. \$25

### Champagne Breeze

Soak in a champagne fizzy foot bath followed by a citrus shea butter infused body polish ending with a massage with their whipped mousse scented with notes of winter mint, apple and amber, all while sipping a glass of bubbly. \$25



## FACIAL THERAPIES

### Orchid Nourish Facial

Inspired by nature's own ingredients, this nourishing facial showcases the benefits of stem cells, red maple, birch, and hemp seed oils while helping to repair and guard against UV and environmental pollutants. A warm gua sha facial massage with glacier water and cold-pressed seed oils leaves the skin with the ultimate glow. (50/80 min.) \$190/\$295

### By the Bay Renewal Ritual

This illuminate facial is a customized treatment that combines cold pressed oils with a variety of potent plant extracts to brighten skin. The skin is cleansed, clarified, and expertly prepared for with layers of high-performance serums. Infused with a high concentrate of apple stem cells and cacti extract, a deluxe hydrating mask is layered on skin for deep hydration and ultimate pampering. (50/80 min.) \$195/\$300

### Coastal Calm Facial

Customized for your skin, this facial harmonizes and calms skin with healing antioxidants, lavender essence, and botanical extracts. Infused with a high concentrate of Vitamin C and rose extract to stimulate collagen production, this treatment noticeably improves tone leaving skin radiant and glowing. (50/80min.) \$190/\$295

### EmerginC Himalayan Stone Facial

Enjoy the powerful results from nature's own minerals with the Himalayan Stone Facial. This facial helps to re-mineralize, hydrate, soothe, and restore natural moisture balance by infusing the skin with high-performance, mineral-rich natural products. A Himalayan stone facial massage with icecap water and cold-pressed seed oils leaves the skin with the ultimate glow. (50min) \$190

### Hydrafacial \*\*COMING SOON\*\*

The HydraFacial® thoroughly cleanses, exfoliates and hydrates to remove dead, dull skin and bring brighter skin to the surface while infusing the skin with antioxidants and peptides. A curated selection of pure and potent cosmeceutical products with active botanicals target and treat specific concerns to conclude this customized treatment and leave skin glowing.

## BEAUTY SERVICES

### Waxing

(15-60 min.) Price Varies

### Lash/Brow Tinting

(15/30 min.) Price Varies



## ENHANCEMENTS

Help balance the mind, body and spirit with these comforting and restorative enhancements that may be applied to any of our treatments. \$25

### Yoga Balm

Organic essential oils join together to improve blood flow, reduce pain and inflammation while creating a full sense of well-being.

### Himalayan Salt Stones

Detoxifying salt crystals create a sense of relaxation by reducing pain, muscle fatigue and removing toxins.

### Hot Stones

Smooth soothing basalt stones relieve muscle tension, enhance circulation while improving lymph flow.

### Aromatherapy

Concentrated fragrant essential plant oils ease stress and anxiety enhancing the mood and mindfulness.

### CBD Cream

Hemp plant extracts penetrate deep into the skin to alleviate pain and muscles aches through a rich soothing holistic approach.

### Poultice Herbal Treatment

This blend of herbs and spices stimulates blood circulation and loosen energy blockage to create the deep relaxation experience.

## BODY TREATMENTS

### Tides of the Chesapeake Body Polish and Massage

Imagine floating in the waters of the Chesapeake on a perfect, sun-kissed day, with a gentle tide flowing this way and that across your body. An exfoliating scrub and full body massage inspired by the tide will leave you feeling soothed and rejuvenated.

(80 min.) \$280

### Seasonal Botanical Ritual

Inspired by the lush gardens at Inn at Perry Cabin, this treatment is a full body exfoliation that is created with seasonal ingredients leaving your body feeling soft and renewed.

(50 min.) \$180

### Lavender and CBD Escape

Quiet the mind and allow your body to relax and escape. A heated body wrap of linens infused with lavender from the gardens of IPC will begin this journey. During the wrap, a hydrating foot mask will be applied to soften the feet while the body unwinds. A massage using a blend of botanical and nutrient rich oils combined with CBD will relieve stress and pain creating the ultimate escape.

(80 min.) \$280

### Reiki

Reiki means "universal life energy." It's an ancient healing method that manipulates energy flow in the body. Reiki practitioners believe there is an energy force in and around the body. They believe that there is a flow of energy between the reiki practitioner and the receiver of the treatment.

(80 min.) \$290



## COUPLES TREATMENTS

### Custom

The pressure of this full body massage can be customized based on both of your needs.

*(50/80 min.) \$370/580*

### Waterside Ritual

Relax together as the calming and detoxifying effects of our Moor mud and CBD mask begin your time together. As your mind and bodies surrender and let go, a scalp or foot massage enhances your relaxation. After a shower in our Couples suite, the ritual will conclude with a full body massage using custom blended oils inspired by our Perry Cabin signature scent. This treatment also includes 2 glasses of sparkling wine for the couple to enjoy together in the Relaxation Lounge.

*(80 min.) \$600*

### Unwind Together

Begin to slow down and relax together with a full body massage. Once the body is soothed, a pampering foot treatment will follow. During this time sparkling wine will be served allowing for time to sit, relax and unwind together.

*(80 min.) \$590*

## INDIVIDUAL MASSAGE

### Custom

The pressure of this full body massage can be customized based on the needs of the client.

*(50/80 min.) \$185/290*

### Three Rivers Massage

Inspired by three Eastern Shore waterways, this treatment includes careful placement of hot and cold river stones while massaging your head, hands and feet to relax and promote feelings of warmth and serenity.

*(50 min.) \$185*

### Links Massage

This full body massage helps to alleviate soreness and ease tight muscles while soothing your busy mind. Golf, cycling, running, paddling; wherever your athletic passion lies, this treatment will help put you in position to tackle the next challenge on the horizon.

*(50/80 min.) \$195/310*

### Pre-Natal Massage

A full body massage for any mother-to-be in her 2nd or 3rd trimester.

*(50/80 min.) \$195/310*

